



We Know Sports

Rangi Ruru Girls' School Est. 1889

At Rangi Ruru, we are deeply committed to promoting the health, fitness, and wellbeing of all girls. We aim to develop talent and a life-long enthusiasm for sport and exercise. We are one of New Zealand's highest achieving schools in sport and consistently have one of the highest rate of sports participation in New Zealand. Rangi Ruru is also New Zealand's Top Girls Rowing School, frequently New Zealand's Top Girls Hockey School, and we are often Canterbury and National Champions in Multi Sport, Swimming, Equestrian, Cricket, Tennis, Touch, and Basketball. SOAR, our High Performance Sports Programme caters to our outstanding athletes by providing a support network within the school that compliments and enhances the sporting and academic lives of our young sportswomen.

OUR SPORTS COACHES MAKE THE DIFFERENCE

We believe our investment in top quality coaches is of significant benefit to our girls' success and wellbeing. We have specialist trainers for strength & conditioning, mental agility and a physio to work with the girls to ensure optimal performance.

Our expert coaching staff include:

- Aaron Ford – former Canterbury Cats Coach and Canterbury Representative
- Lori McDaniel – Canterbury Wildcats Womens Basketball Coach and NZ U17 Girls Basketball Coach
- Caleb Harrison – Canterbury Basketball Development Academy Head Coach and Former USA University National Champion Assistant Coach
- Fiona Paterson – NZ, Olympic and World championship representative Rower
- Anna Thompson – Former Silver Fern and Mainland Tactix player
- Hapi Tohiariki-Lines – Current Canterbury Mixed Open Touch Coach and a former New Zealand U19 Touch Player
- Remi Feneon – former Tennis French Junior Champion and Canterbury Regional Coach for seven years
- Marc Prutton – current National Junior Road Cycling Coach
- John Mills – former All Black, Canterbury and Auckland Rugby representative
- Frances Mackay – current Canterbury Magicians Cricket player
- Joe Piggott – National champion Canterbury U18 Association Girls Hockey Coach and National champion Canterbury U15A Girls Hockey Assistant Coach
- Jackson Olds – Canterbury U14 Boys Waterpolo Coach
- Pippa Young – Equestrian Facilitation Specialist
- Ross Kennedy – specialist Strength and Conditioning Coach
- Paula Rule – Mental Performance Coach